

Homemade Taco Seasoning

Two tablespoons of mix equals one package of purchased taco seasoning mix.

Ingredients:

- 2 Tablespoons chili powder
- 2 Tablespoons paprika
- 5 teaspoons cumin
- 4 teaspoons onion powder
- 1/4 teaspoon cayenne pepper



Directions:

- 1. Wash hands with soap and water.
- 2. In a small storage container with a tight-fitting lid, combine all ingredients. Mix well.
- 3. Seal tightly. Store in a cool, dry place for up to 6 months.

Nutrition Information:

Serving Size (1 teaspoon of mix): Calories 25, Total Fat 0.5g, Saturated Fat 0g, Cholesterol 0mg, Sodium 25mg, Total Carbohydrates 4g, Fiber 2g, Total Sugars 0g, includes 0g Added Sugars, Protein 1g, Vitamin D 0%, Calcium 2%, Iron 6%, Potassium 2%

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